YOU ARE NOT ALONE IN YOUR BONDAGE

TRANSFORMED BY THE TRUTH

Questions for Reflection & Discussion

- 1. Read Romans 3:10-12. What sinful and self-destructive habit have you struggled with most?
- 2. Read Romans 6:20-21 and James 1:14-15. What are the ultimate consequences of sinful habits? What price have you paid for your worst habits?
- 3. Read Romans 6:6-7; 7:5-6; and 8:8-11. Why does Paul say that Christians have the power to overcome sinful habits? Have you found this to be true in your experience?
- 4. Read Romans 6:11-13; 6:19; and 13:13-14. What is the action plan that these passages recommend to Christians who struggle with sinful habits? Can you honestly say that you have tested this plan? Has it worked?
- 5. What are some additional practical steps that have helped you or others you know to overcome sinful habits? Is there anything specific that you feel you need to do right now to pursue righteousness?

Romans 3:10-12, 23

Romans 6:20-21; Galatians 5:19-21; 6:7-8; James 1:14-15

John 8:34; Romans 7:14-20; 8:8; Colossians 2:23

John 8:36; Romans 6:6-7; 7:5-6; 8:8-11; 1 John 3:8-9

Psalm 50:15; 119:11; Ecclesiastes 4:9-12; Matthew 6:13; Romans 6:11-13, 19; 13:13-14; 1 Corinthians 6:18; Galatians 5:16-18; Colossians 3:5; 2 Timothy 2:22; Titus 2:11-12; Hebrews 2:18; 3:13; 4:15-16; 1 Pet. 2:11