

YOU ARE NOT ALONE IN YOUR DOUBT

TRANSFORMED BY THE TRUTH

Questions for Reflection & Discussion

1. Read John 20:24-29. Do you identify more with doubting Thomas or with “those who have not seen and yet have believed”? When, if ever, you have struggled with doubt?

How common is doubt?

Matthew 11:2-3; 14:25-31; 28:16-17; Luke 24:46-39; John 20:24-28

Why fight it?

Mark 9:19; 11:22-24; Hebrews 11:6; James 1:5-8

How to dispel it:

① _____

Mark 9:23-24

② _____

③ _____

④ _____

⑤ _____

2. Do you think doubt is healthy or unhealthy? Why?
3. If you have doubted your faith, how have you responded to your doubts? What has helped you to work through your doubts?
4. Who do you trust most to tell you the truth about God? Why?
5. What was the best takeaway from Sunday’s message for you?