

BODY & SOUL

A Biblical Path to a More Intimate Marriage

1

Proverbs 5:15-23; Hebrews 13:4

2

I Corinthians 7:3-5

3

Song of Solomon 5:4-5; 7:7-9

4

Acts 20:35; Philippians 2:3-5

5

Genesis 2:24

Transformed by the Truth

Questions for Reflection and Discussion

1. Read Genesis 1:28 and 2:24. Do you believe sex is holy or dirty? Are your theological convictions about sex and your emotional attitude toward it in harmony or in conflict? Why?
2. Read Proverbs 5:15-23 and Hebrews 13:4. Why do you think God commands us keep sex within the boundaries of marriage?
3. Read I Corinthians 7:3-5. How do these verses make you feel? How do they make your spouse feel? How can you reassure your mate that you understand and value his/her perspective?
4. Read the 7th chapter of the Song of Solomon. What is one thing you can do to enhance your personal enjoyment of sex? What is one thing your partner can do to help you enjoy sex more?
5. Read Philippians 2:3-5. How can you apply the principle taught in this passage to your love life? What, specifically, can you do this week to make your bedroom a blessing zone?
6. What is the biggest non-sexual issue in your marriage right now? What do you need to do to work that problem?
7. If you are single, help the members of your group understand how a message on sex makes you feel.