

The Key to the Heart of God

Transformed by the Truth

Questions for Reflection and Discussion

❶ David prayed with _____.

Psalm 138:1-2
Psalm 141:1-2
Psalm 142:1
Psalm 143:6

❷ David prayed with _____.

Psalm 6:1-7
Psalm 13:1-3
Psalm 22:1-2
Psalm 55:1-5
Psalm 142:1-7

❸ David prayed with _____.

Psalm 13:5-6
Psalm 22:3-5
Psalm 86:5, 8-10, 13, 15, 17
Psalm 103:1-22

❹ David prayed with _____.

Psalm 5:1-3
Psalm 6:8-10
Psalm 28:1, 6-7
Psalm 35:22
Psalm 59:4-5

1. Write down three ways you tend to measure the quality of your prayer life. What passages of Scripture of those metrics based on?
2. How are your voice and your body involved when you pray? Do you think it would make a difference if you were more audibly and physically expressive to God? Why or why not?
3. Are you comfortable with David's passionate transparency in prayer? How do you feel when you "unload" on God? How do you think He feels about you?
4. What is the issue you pray about most these days? What biblical truths can you weave into your future prayers on this subject?
5. Have you found that the level of your faith impacts the power of your prayers? When have you experienced greater power because of deeper faith? When have you experienced powerlessness due to faithlessness?
6. What is one truth about prayer that you learned this week and will still remember next month?