

# Alone Time

Jesus' spiritual pathway: \_\_\_\_\_  
Luke 5:16

❶ Extended isolation can \_\_\_\_\_  
\_\_\_\_\_. Mark 1:35-39

❷ Extended isolation can \_\_\_\_\_  
\_\_\_\_\_. Luke 6:11-13

❸ Extended isolation can \_\_\_\_\_  
\_\_\_\_\_. Matthew 14:23; John 6:14-15, 38, 54

❹ Extended isolation can \_\_\_\_\_  
\_\_\_\_\_. Matthew 26:36-46; John 18:2-6

Practical tips:

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

# Transformed by the Truth

Questions for Reflection and Discussion

1. Read Luke 5:16. What is your biggest barrier to walking this spiritual pathway?
2. Which of the practical benefits of extended prayer listed on your outline is most attractive to you right now? Why?
3. If you could spend an hour alone with God sometime this week, what would you talk to Him about? What would you ask Him for? What do you think He might want to say to you?
4. Do you believe Jesus is a realistic role model for prayer? (See 1 John 2:6.)
5. Do you think it is possible to become too isolated in your spiritual life? What are the dangers of excessive isolation?
6. How and when do you plan to put this week's message into practice?