

KINDNESS

The Touch of God

Is it important?

- Colossians 3:12
- 1 Corinthians 13:4
- Nehemiah 9:17
- Psalm 63:3
- Titus 3:4
- Ephesians 2:7-8
- Matthew 11:28-30
- Romans 2:4
- Galatians 6:10
- Ephesians 4:32

Practice it...

- On family
- On friends
- On acquaintances
- On brothers and sisters

Apply it to yourself

- Forgive yourself, and give yourself a break.
- You're a child of God! Enjoy it and lighten up.

Transformed by the Truth

QUESTIONS FOR REFLECTION AND DISCUSSION

1. When has your life been enriched by someone else's kindness?
2. Look up the Bible passages listed on the front of the outline. What new truths do they teach you about kindness?
3. Who is God nudging you to be more kind to? How can you do it this week?
4. Are you kind to yourself? Why or why not? For what do you need to forgive yourself as God forgives you?
5. What is your most important takeaway from Sunday's message?